



Stockport Academy
The best in everyone™
Part of United Learning

EARLY HELP

**Getting the right help
and support for your
family to get things
back on track.**

WHAT IS EARLY HELP?

Everyone needs a little help at times and we realise how important family is.

Early help is a way to offer guidance and support to you and your family when things aren't going as well as they could.

Early help can give you and your family access to a wide range of organisations and agencies to provide advice and support, including:

- Helping if your child has issues at school
- Support for mental health
- Mentoring programmes
- Family support
- Parenting courses
- Housing difficulties
- Online safety advice

IT BEGINS WITH A CONVERSATION...

An Early Help Assessment looks at different areas of your life, helps us to understand the strengths of your family and provides support to help things become better.

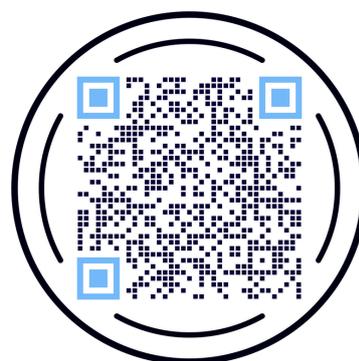
It should empower you to move forward and improve things for your family.

AVENUES OF SUPPORT

The One Stockport Family Hub can offer a range of advice including:

- SEND
- Parenting Support
- Stockport Empowering Parents Empowering Communities (EPEC)
- Housing
- Cost of Living & Financial Support
- Benefits, Debt Advise & Support
- Training and Employment Opportunities
- Drug and Alcohol Misuse
- Help to stop Smoking
- Sexual Health
- Mental Health and Wellbeing
- Healthy Relationships
- Living with Teenagers
- Find your Local Health Services
- Careers information, Advise & Guidance.
- Post-16 Education & Training
- Support into Employment
- Pregnancy and antenatal care
- Children's Health and Development

SCAN THE QR CODE TO VISIT THE ONE STOCKPORT WEBSITE



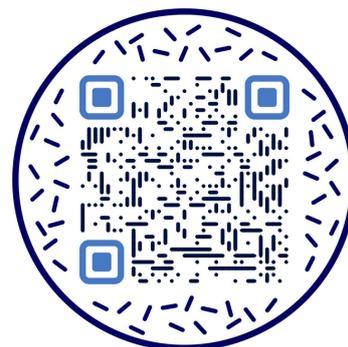
OR FIND THEM ON FACEBOOK:



[/EPECSTOCKPORT1](https://www.facebook.com/EPECSTOCKPORT1)

The Stockport Online Safety Hub can offer a range of guidance to help keep children safe online, including:

- An overview of the different social media apps, age restrictions and what they do
- Parental controls
- Screen time habits
- Online bullying help
- In-app purchases



[STOCKPORT.ONLINESAFETYHUB.UK](https://www.stockport.onlinesafetyhub.uk)

IF YOU THINK THAT

EARLY HELP

COULD BENEFIT YOU AND YOUR FAMILY:

Contact:

Sally Stevens - Early Help Co-Ordinator



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